

diabetes mellitus (DM), hypertension (HT), and dyslipidemia were found to be significantly higher not only in cases with plaque but also in cases with increased EAT volume.

Similar results were shown in studies that evaluated the relationship between EAT and DM, HT, and hyperlipidemia (2-4). However, it is not clear whether EAT volume could predict the presence of plaque in coronary arteries in the current study (1). Both EAT volumes and risk factors for atherosclerosis, including DM, HT, hyperlipidemia, and age, are higher in patients with coronary plaque. Thus, in that case, multivariate regression analysis should be made to adjust for the confusing effects of these risk factors. It is impossible to say that "EAT volumes predict the presence of coronary plaque and plaque-involved vessels." If the EAT volume is found as an independent predictor for coronary plaque after regression analysis, the ROC analysis can be used to determine the cut-off value. Otherwise, it would be more appropriate to say that EAT volume is a "risk factor" for coronary plaque. Finally, coronary artery calcium (CAC) scores were written as mean±standard deviation, such as 53.4±138 and 80±163, in Table 1. We think that CAC score does not show the normal distribution; therefore, it should be represented as median with minimum and maximum range.

Ömer Hiç Yılmaz, Uğur Nadir Karakulak*, Engin Tutkun, Emine Ercan Onay*
Departments of Clinical Toxicology and *Cardiology, Ankara Occupational Diseases Hospital; Ankara-Turkey

References

1. Çullu N, Kantarcı M, Kızrak Y, Pirimoğlu B, Bayraktutan U, Oğul H, et al. Does epicardial adipose tissue volume provide information about the presence and localization of coronary artery disease? *Anatol J Cardiol* 2015; 15: 355-9. [CrossRef]
2. Aydın AM, Kayalı A, Poyraz AK, Aydın K. The relationship between coronary artery disease and pericoronary epicardial adipose tissue thickness. *J Int Med Res* 2015; 43: 17-25. [CrossRef]
3. Alexopoulos N, Melek BH, Arepalli CD, Hartlage GR, Chen Z, Kim S, et al. Effect of intensive versus moderate lipid-lowering therapy on epicardial adipose tissue in hyperlipidemic post-menopausal women: a substudy of the BELLES trial (Beyond Endorsed Lipid Lowering with EBT Scanning). *J Am Coll Cardiol* 2013 14; 61: 1956-61. [CrossRef]
4. Baldasseroni S, Pratesi A, Orso F, Di Serio C, Foschini A, Marella AG, et al. Epicardial adipose tissue and insulin resistance in patients with coronary artery disease with or without left ventricular dysfunction. *Monaldi Arch Chest Dis* 2013; 80: 170-6.

Address for Correspondence: Dr. Uğur Nadir Karakulak
Ankara Meslek Hastalıkları Hastanesi,
Kardiyoloji Bölümü
Sıhhiye/Ankara P.O: 06100-Türkiye
Phone: +90 312 580 83 95
Fax: +90 312 580 84 04
E-mail: ukarakulak@gmail.com



©Copyright 2015 by Turkish Society of Cardiology - Available online at www.anatoljcardiol.com
DOI:10.5152/AnatolJCardiol.2015.6525

Author's Reply

To the Editor,

Thank you for your interest in our article titled "Does epicardial adipose tissue volume provide information about the presence and localization of coronary artery disease?" published in the May 2015 issue of *Anatol J Cardiol* 2015; 15: 355-9 by Çullu et al. (1). We have

read your letter. In previous articles, it was stated that the EAT volume was the predictor of coronary artery plaque existence (2, 3). Firstly, multivariate regression analysis was performed in our study. EAT volume was found as an independent predictor in estimating the existence of coronary artery plaque ($p=0.001$). Secondly, the CAC score distribution does not statistically exhibit normal distribution. We agree with the reader in this regard. The CAC score median (min-max) values are 0.0 (0.0-5.0) and 32.1 (0.0-940.8), respectively, in the existence and absence of coronary artery plaque.

Thank you for the contribution you have made to our article.

Neşat Çullu

Department of Radiology, Faculty of Medicine, Muğla Sıtkı Koçman University; Muğla-Turkey

References

1. Çullu N, Kantarcı M, Kızrak Y, Pirimoğlu B, Bayraktutan U, Oğul H, et al. Does epicardial adipose tissue volume provide information about the presence and localization of coronary artery disease? *Anatol J Cardiol* 2015; 15: 355-9. [CrossRef]
2. Alexopoulos N, McLean DS, Janik M, Arepalli CD, Stillman AE, Raggi P. Epicardial adipose tissue and coronary artery plaque characteristics. *Atherosclerosis* 2010; 210: 150-4. [CrossRef]
3. Iacobellis G, Bianco AC. Epicardial adipose tissue: emerging physiological, pathophysiological and clinical features. *Trends Endocrinol Metab* 2011; 22: 450-7. [CrossRef]

Address for Correspondence: Dr. Neşat Çullu
Muğla Sıtkı Koçman Üniversitesi Tıp Fakültesi,
Radyoloji Bölümü Merkez Kampüsü, 48000, Muğla-Türkiye
Fax: +90 252 223 92 80
Phone: +90 252 211 10 00
E-mail: nesatcullu77@gmail.com

Preoperative oral pentoxifylline in case of coronary artery bypass grafting with left ventricular dysfunction (ejection fraction equal to/less than 30%)

To the Editor,

We want to congratulate Mansourian et al. (1) on their interesting and original manuscript titled "Preoperative oral pentoxifylline in case of coronary artery bypass grafting with left ventricular dysfunction (ejection fraction equal to/less than 30%)" published in *Anatol J Cardiol* Dec 31, 2014.

As pentoxifylline has a reducing effect upon inflammation, it is known that the increased plasma levels of TNF-alpha and interleukin (IL)-6 will decrease when pentoxifylline is used during inflammation (2). The section of the manuscript that raises a question in our minds is the unexpected difference in the TNF-alpha and interleukin levels of oral pentoxifylline, which was started 3 days before the operation, in the blood samples obtained preoperatively from the control and pentoxifylline groups. The mean preoperative levels of TNF-alpha and IL-6 in the control group were

139.0 and 133.4, respectively, whereas the corresponding levels in the group treated with pentoxifylline were in contrast to the expected values, 472.0 and 195.0, respectively; As opposed to the expected results, these markers of inflammation were found to be significantly higher in the pentoxifylline group. How can we explain this paradox? On the other hand, as seen in Table 2, the TNF-alpha and IL-6 levels were observed to be significantly decreased following surgery in the control group. Considering the inflammation-triggering effect of surgery, how can the decreased inflammation in the control group be explained?

Pentoxifylline is known to be a non-selective phosphodiesterase (PDE) inhibitor that is used in the treatment of peripheral arterial disease. It produces changes in red blood cells, decreases blood viscosity, and most importantly, it inhibits platelet aggregation (3). It was emphasized in your manuscript that on comparing of the two groups, one treated with drugs to promote platelet aggregation and the other being the control group, bleeding and requirement for transfusion was found to be significantly lower in the group treated with pentoxifylline than in the control group. Were there any differences between the two groups in terms of antiplatelet and anticoagulant use? How did you reach the conclusion that the use of this drug for platelet aggregation resulted in a significantly lower rate of bleeding and requirement for blood transfusion in the group treated with pentoxifylline than that in the control group?

It is well documented that drugs such as statins, renin-angiotensin-aldosterone system antagonists, and carvediol, which are in frequent use prior to a cardiopulmonary bypass, have very significant positive effects on inflammation. Naturally, we think that when comparing groups, the possibility that drugs may affect the results and whether or not any absolute differences exist in the distribution of the groups should be mentioned (4, 5). In addition, it would be appropriate to compare the cardiovascular risk factors such as diabetes, hypertension, and dyslipidemia between the two groups.

Pentoxifylline was reported in this study as having a positive effect on left ventricular ejection fractions. It is well known that image quality is low in transthoracic echocardiography following bypass surgery, and difficulties are encountered while obtaining images of sufficient quality to determine the endocardial borders in a quantitative analysis. The study failed to mention how the LVEF is evaluated in the methods section. Was a visual method or the Simpson method used in this evaluation?

Barçın Özçem, Levent Cerit*, Türker Şahin, Muhammet Akyüz', Hamza Duygu*

Departments of Cardiovascular Surgery and *Cardiology, Faculty of Medicine, Near East University; Nicosia-Northern Cyprus

¹Department of Cardiovascular Surgery, Faculty of Medicine, Ege University; İzmir-Turkey

References

- Mansourian S, Bina P, Fehri A, Karimi AA, Boroumand MA, Abbasi K. Preoperative oral pentoxifylline in case of coronary artery bypass grafting with left ventricular dysfunction (ejection fraction equal to/less than 30%). *Anatol J Cardiol* 2014 Dec 31.
- Otani S, Kuinose M, Murakami T, Saito S, Iwagaki H, Tanaka N, et al. Preoperative oral administration of pentoxifylline ameliorates respiratory index after cardiopulmonary bypass through decreased production of IL-6. *Acta Med Okayama* 2008; 62: 69-74.

- Gresele P, Momi S, Falcinelli E. Anti-platelet therapy: phosphodiesterase inhibitors. *Br J Clin Pharmacol* 2011; 72: 634-46. [\[CrossRef\]](#)
- Davi G, Santilli F. Unveiling the inflammatory face of antiplatelet drugs. *J Thromb Haemost* 2006; 4: 2137-9. [\[CrossRef\]](#)
- Sodha NR, Selke FW. The effect of statins on perioperative inflammation in cardiac and thoracic surgery. *J Thorac Cardiovasc Surg* 2015; 149: 1495-501. [\[CrossRef\]](#)

Address for Correspondence: Dr. Barçın Özçem
Near East University Heart Center, Nicosia-Northern Cyprus
Phone: +90 392 675 10 00-1259
E-mail: drbarcinozcem@gmail.com

©Copyright 2015 by Turkish Society of Cardiology - Available online
at www.anatoljcardiol.com

DOI:10.5152/AnatolJCardiol.2015.6511



Author's Reply

To the Editor,

We want to appreciate you and the author(s) of the manuscript who had precisely read our article by Mansourian et al. (1) titled "Preoperative oral pentoxifylline in case of coronary artery bypass grafting with left ventricular dysfunction (ejection fraction equal to/ less than 30%)" published in *Anatol J Cardiol* 2014 Dec 31, (1). The results that are mentioned in the tables of the article are the same as those that had been carefully collected. Considering that this study was a randomized controlled trial, which is the gold standard of clinical research, we had seriously considered the randomization or allocation rules. We paid attention to some different values; therefore, we have considered it in our statistical analysis, and we conducted our analysis for the changes between the groups and not just for the crude results. This has also been indicated under the title of "Study Limitations" in the article. Moreover, the patients in the two groups did not show significant statistical differences among their major coronary artery disease (CAD) risk factors, including hypertension, hyperlipidemia, diabetes mellitus, and cigarette smoking. These parameters were eliminated from the tables just for simplicity. Furthermore, all the patients were under similar medication protocols in terms of antihyperlipidemic, antiplatelet, and anticoagulant use. I hope that these explanations are now clear and can resolve the gray areas.

Soheil Mansourian, Payvand Bina, Arezoo Fehri, Abbas Ali Karimi, Mohammad Ali Boroumand, Kyomars Abbasi
Department of Cardiac Surgery, Tehran Heart Center, Tehran University of Medical Sciences; Tehran-Iran

References

- Mansourian S, Bina P, Fehri A, Karimi AA, Boroumand MA, Abbasi K. Preoperative oral pentoxifylline in case of coronary artery bypass grafting with left ventricular dysfunction (ejection fraction equal to/less than 30%). *Anatol J Cardiol* 2014 Dec 31.

Address for Correspondence: Kyomars Abbasi
Tehran Heart Center, Tehran University of Medical Sciences
Tehran Heart Center, North Kargar Street
1411413138, Tehran-Iran
Phone: +98 21 88029600-69
Fax: +98 21 88029731
E-mail: kyomarsabbasi@gmail.com