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Author's Reply

To the Editor,

We would like to thank you for your criticism in this issue to our paper published in the *Anatol J Cardiol* (1). We appreciate the comments and want to briefly address the main questions raised in your letter. Noncompaction cardiomyopathy (NC) represents heterogeneity in its genetic pattern, pathophysiologic findings, and clinical presentations (2). The American Heart Association classified this entity as a primary genetic cardiomyopathy (3). According to the World Health Organization and European Society of Cardiology classification of cardiomyopathies, NC is still an unclassified cardiomyopathy (3-5). Additionally, there are several reports stating NC as genetic disorder and explain its inheritance and genetic cause (5). Because the laboratory investigations revealed hypergonadotropic hypogonadism and a pelvic MRI demonstrated the absence of ovaries, uterus, or prostate in our patient, we performed conventional cytogenetic analysis to identify whether any chromosomal abnormalities may be associated with these extra cardiac manifestations. Cytogenetic analysis demonstrated a 46, XX karyotype without any chromosomal abnormalities. We did not perform other techniques to investigate complex chromosomal re-arrangements and micro-aberrations. Techniques, such as FISH, CGH, and microarray, may identify the likely genetic etiologies. After evaluation of all the cardiac and extracardiac manifestations, dysmorphic signs, and pedigree analysis, we investigated the most probable candidate gene LMNA mutations associated with cardiomyopathies. Direct sequencing did not reveal any mutations in the coding region of the LMNA gene. To identify the genetic cause of NC in our patient, other known genes associated with NC should be investigated.

The patient had generalized muscle wasting since the first hospitalization. It was most probably associated with heart failure. We referred the patient to neurology during the first admission, and cerebral MR was performed; however, it did not reveal cerebral atrophy, calcification, demyelination, or hydrocephalus. There was suspicion for microangiopathic vascular involvement. Nerve conduction studies or needle electromyography was not performed. Due to non-adherence to the medical treatment, there were recurrent hospitalizations with heart failure decompensation; however, ischemic stroke, seizures, or syncope was not observed. According to cerebral MR findings, there was no sign suggesting previous stroke(s). Because of mental retardation and non-adherence to medical therapy, oral anticoagulant therapy was not administered.

To exclude any arrhythmia, we monitored the patient with telemetry during hospitalization and performed 24-h rhythm Holter but did not detect any arrhythmia. The patient had three healthy brothers and a sister, two sisters and a brother had suddenly died in childhood from unknown rea-

sons; however, an autopsy was not conducted. A brother and sister of the patient were examined by echocardiography; however, there were no abnormality. Rest of the family members were considered as normal.

In conclusion we did not detect any finding, suggesting neuromuscular disease in our evaluation. Coexistence of biventricular NC, genital and skeletal anomalies, and mental retardation led us to consider the presence of a syndrome.

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Thrombus formation during septal puncture

To the Editor,

We deeply appreciate Bilge et al. (1) for this study published in September 2014 issue of *The Anatolian Journal of Cardiology* entitled "Left atrial spontaneous echo contrast and thrombus formation at septal puncture during percutaneous mitral valve repair with the MitraClip system of severe mitral regurgitation: a report of two cases." It was reported in both cases that activated clotting time (ACT) of patients were higher than 250 s; however, it was not emphasized whether unfractionated heparin (UFH) was administered before or after septostomy. This issue is important in patients, particularly with atrial fibrillation (AF) due to risk of thrombus formation. We have reported a case of mitral stenosis and AF who was administered UFH after septostomy and developed thrombus right after trauma of puncture of interatrial

septum during percutaneous mitral balloon valvuloplasty (PMBV) (2). We attributed the thrombus formation to the damage to interatrial septum during septostomy and no anticoagulation with UFH before septostomy in patients with AF. Despite severe mitral regurgitation (MR) reducing left atrial spontaneous echo contrast (LASEC) and thrombus formation in left atrium due to jet flow (3), we considered that reduced MR by MitraClip does not have an influence on thrombus formation, at least, in acute period in these cases. Patients with AF who were not anticoagulated until septostomy may develop LASEC and thrombus by virtue of mechanical trauma during septostomy. There is a case report in literature regarding a patient without AF having developed large thrombus in left atrial posterolateral wall after 5 days of MitraClip procedure because the patient was not administered UFH (4). We consider that mechanical trauma and possibly lack of anticoagulation before septostomy may have resulted in thrombus formation in the region of septal puncture as Bilge et al. (1) stated.

Administration of UFH during septostomy in PMBV procedure, as in MitraClip procedure, is an increasingly debated issue. Application of UFH at the beginning of PMBV procedure diminishes embolic complications; meanwhile, it is associated with increased risk of bleeding and length of hospital stay. However, cases that developed thrombus following UFH administration after septostomy have also been observed (5).

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Author's Reply

To the Editor,

We thank the authors for their interest and comments regarding our paper entitled "Left atrial spontaneous echo contrast and thrombus

formation at septal puncture during percutaneous mitral valve repair with the MitraClip system of severe mitral regurgitation: a report of two cases" published in *Anatol J Cardiol* 2014; 14: 549-50 (1).

It is common preference to initiate administration of heparin after transseptal access has been safely performed because of the possibility of occurrence of bleeding complications. We also administered unfractionated heparin after transseptal puncture in both our cases. However, this short dwell time of catheters within the left atrium without heparinization may be sufficient for thrombus or spontaneous echo contrast (SEC) formation within the left atrium. Ideally, heparin should be administered following venous and arterial sheath placement but before transseptal puncture. In our recent cases, as we have gained extensive experience with transseptal catheterization, we have started early administration of low-dose heparin (2000-2500 U) before transseptal access to minimize the risk of thrombus formation and embolism.

In both the current cases, another mechanism of thrombus and SEC formation within left atrium after MitraClip implantation could be the disappearance of protective effect of severe mitral regurgitation against the generation of left atrial thrombus and SEC and the reduced mitral valve area due to MitraClip. Immediately after publication of our article, another case report supporting our hypothesis was published by Ohno et al. (2). In their article, the authors described a patient in whom acute SEC appeared in the left atrium after complete reduction of MR with two MitraClips. When the second clip was withdrawn, SEC immediately disappeared in their case. This finding confirms "wash out" effect of regurgitant blood even in acute period.

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Noninvasive cardiac imaging for the diagnosis of coronary artery disease in women

To the Editor,

I read with interest the review article entitled "Noninvasive cardiac imaging for the diagnosis of coronary artery disease in women," which