

trometry and high-performance liquid chromatography methods and runs varyingly in different laboratories (3). As stated by the authors, HPLC coupled to mass spectrometric detection (LC-MS/MS) is not widely available, and the equipment is comparatively expensive (4). So, HPLC was the preferable method for us to detect ADMA.

Intravascular ultrasonography is a validated and superior method when compared with coronary angiography to determine neointimal tissue burden, assessment of lesion significance, and stent restenosis (5). But, in our country conditions, it is not feasible to evaluate stent restenosis for every patient because of its cost and low availability.

There are so many relevant biomarkers known for stent restenosis (6), but it is not feasible to evaluate all of them in one study protocol. Our aim was to evaluate if ADMA predicts stent restenosis beyond classic predictors or not. In our study, we concluded that plasma ADMA level may be used as a novel marker for stent restenosis beyond the classic stent restenosis markers. However, as we stated in our study, this result should be confirmed by larger, prospective, and controlled studies.

Uğur Abbas Bal, Aylin Yıldırım

Department of Cardiology, Faculty of Medicine, Başkent University; Ankara-Turkey

References

1. Bal UA, Yıldırım A, Aydınalp A, Kaynar G, Kanyılmaz S, Murat K, et al. Could plasma asymmetric dimethylarginine level be a novel predictor beyond the classic predictors of stent restenosis? *Anadolu Kardiyol Derg* 2014; 14: 491-7. [CrossRef]
2. Balta Ş, Çelik T, Aparıcı M, Kurtoğlu E, Öztürk C. ADMA as an useful marker but many confounding factors should be considered! *Anadolu Kardiyol Derg* 2014; 00: 000-000.
3. Tsikas D. Determination of asymmetric dimethylarginine in biological fluids: a paradigm for a successful analytical story. *Curr Opin Clin Nutr Metab Care* 2008; 11: 592-600. [CrossRef]
4. Böger RH, Maas R, Schulze F, Schwedhelm E. Asymmetric dimethylarginine (ADMA) as a prospective marker of cardiovascular disease and mortality—an update on patient populations with a wide range of cardiovascular risk. *Pharmacol Res* 2009; 60: 481-7. [CrossRef]
5. Jegere S, Narbutė I, Erglis A. Use of intravascular imaging in managing coronary artery disease. *World J Cardiol* 2014; 6: 393-404. [CrossRef]
6. Kurtoğlu E, Balta S, Karakuş Y, Yaşar E. Other factors ought to be kept in mind when analyzing plasma asymmetric dimethylarginine levels. *Am J Hypertens* 2014; 27: 500. [CrossRef]

Address for Correspondence: Dr. Uğur Abbas Bal,
Başkent Üniversitesi Tıp Fakültesi, Kardiyoloji Anabilim Dalı,
Fevzi Çakmak Cad. 10. Sokak, No: 45, 06490, Bahçelievler, Ankara-Türkiye
Phone: +90 312 212 68 68
Fax: +90 312 223 86 97
E-mail: ugurabbasbal@yahoo.com

Available Online Date: 25.12.2014

Should systemic thrombolytic therapy be considered a first-line treatment in acute pulmonary embolism?

To the Editor,

We read the article, entitled “Successful treatment of a pulmonary embolism with low-dose prolonged infusion of tissue-type plasminogen

activator in a 37-year-old female in the early postoperative period,” by Aykan et al. (1) in *Anatolian J Cardiol* 2014; 14: 400-2. We believe that it can be a really good idea to administer low-dose thrombolytic agents in pulmonary embolism to minimize possible complications. Of course, randomized controlled trials should be performed to test the reliability of this low-dose regimen. We are curious as to why the authors did not consider using well-proven modalities, like percutaneous ultrasound-accelerated thrombolysis (PUAT) and directed thrombolysis (CDT) (2-4). There is no clinical study available so far comparing systemic thrombolytic therapy and endovascular thrombolytic therapy, but this kind of study can take considerable time and can also yield major hemorrhagic complications up to 20%; so, it is preferable to go for an endovascular approach, where direct administration of a thrombolytic agent into the thrombus is possible (4, 5). In PUAT therapy, the dose of tissue plasminogen activator (tPA) is 0.5 mg/kg. Engelhardt et al. (4) even showed the efficacy of doses as low as 20 mg tPA for treatment of pulmonary embolism. In our institution, 4 patients with massive/sub-massive pulmonary embolism received PUAT with 0.5 mg/kg tPA infusion for 6 hours. We did not experience any complications or mortality. Remarkable improvement in right ventricular functions was shown in all patients with echocardiography and computed tomography.

Measurements of right ventricle and left ventricle diameters could also be a very useful tool in assessing the efficacy of treatment in massive pulmonary embolism. We would like to hear the authors’ opinions regarding the concerns mentioned above.

Orhan Gökalp, Yüksel Beşir¹, Börtecin Eyyi¹, Gamze Gökalp²
Department of Cardiovascular Surgery, Faculty of Medicine, İzmir Katip Çelebi University; İzmir-Turkey

¹Department of Cardiovascular Surgery, İzmir Katip Çelebi University, Atatürk Education and Research Hospital; İzmir-Turkey

²Department of Pediatric Emergency, Tepecik Education and Research Hospital; İzmir-Turkey

References

1. Aykan AC, Boyacı F, Hatem E. Successful treatment of a pulmonary embolism with low dose prolonged infusion of tissue typed plasminogen activator in a 37 year old female in early postoperative period. *Anadolu Kardiyol Derg* 2014; 14: 400-2. [CrossRef]
2. Bavare AC, Naik SX, Lin PH, Poi MJ, Yee DL, Bronicki RA, et al. Catheter-directed thrombolysis for severe pulmonary embolism in pediatric patients. *Ann Vasc Surg* 2014; Mar 31. [CrossRef]
3. Lin PH, Chen H, Bechara CF, Koungias P. Endovascular interventions for acute pulmonary embolism. *Perspect Vasc Surg Endovasc Ther* 2010; 22: 171-82. [CrossRef]
4. Engelhardt TC, Taylor AJ, Simprini LA, Kucher N. Catheter-directed ultrasound-accelerated thrombolysis for the treatment of acute pulmonary embolism. *Thromb Res* 2011; 128: 149-54. [CrossRef]
5. Fiumara K, Kucher N, Fanikos J, Goldhaber SZ. Predictors of major hemorrhage following thrombolysis for acute pulmonary embolism. *Am J Cardiol* 2006; 97: 127-9. [CrossRef]

Address for Correspondence: Dr. Orhan Gökalp,
Altıncı Cad. No:85 D:10 35320 Narlıdere, İzmir-Türkiye
Phone: +90 505 216 88 13
Fax: +90 232 243 15 30
E-mail: gokalporhan@yahoo.com

Available Online Date: 25.12.2014

©Copyright 2015 by Turkish Society of Cardiology - Available online at www.anakarder.com
DOI:10.5152/akd.2014.5861



Author's Reply

To the Editor,

We thank the authors for the interest they have shown in our article entitled "Successful treatment of a pulmonary embolism with low-dose prolonged infusion of tissue-type plasminogen activator in a 37-year-old female in the early postoperative period," published in *Anatolian J Cardiol* 2014; 14: 400-2. (1).

Current guidelines suggest using thrombolytic therapy as the first-line treatment modality (2). The approved protocol is 100 mg t-PA during a 2-hour infusion (2). However, it is associated with an increased rate of major bleeding and mobilization of the thrombus. Therefore, many clinicians hesitate in ordering thrombolytic therapy. Recently, Özkan et al. (3) reported that prolonged low-dose prolonged administration t-PA was effective and safe in the treatment of prosthetic valve thrombosis, which significantly decreased major and minor bleeding complications compared to full-dose and accelerated regimens. They suggested that increasing the time of administration and decreasing the thrombolytic dosage provided safety advantages without decreasing the effectiveness (3). Catheter-directed ultrasound-accelerated thrombolysis is a promising treatment alternative, but low-dose ultra-prolonged infusion of t-pa was used in this approach, as well (4). The question is whether low-dose prolonged infusion of t-PA or the ultrasound beam is the key element of the treatment success and safety. Currently, we are conducting research about the effectiveness and safety of low-dose prolonged infusion of t-PA in the treatment of massive pulmonary embolism. This study is registered with Clinical Trials with the number NCT02029456. The initial results of this interventional study were presented in the 2014 ESC Congress (5). In this study, we have also shown that a low-dose prolonged infusion protocol restored right ventricular function in the immediate and medium term, evaluated with echocardiography. Further randomized studies will enlighten us on the safety and efficacy of these protocols.

Ahmet Çağrı Aykan

Department of Cardiology, Ahi Evren Chest and Cardiovascular Surgery Education and Research Hospital; Trabzon-Turkey

References

1. Aykan AC, Boyacı F, Hatem E. Successful treatment of a pulmonary embolism with low dose prolonged infusion of tissue typed plasminogen activator in a 37 year old female in early postoperative period. *Anadolu Kardiyol Derg* 2014; 14: 400-2. [CrossRef]
2. Jaff MR, McMurry MS, Archer SL, Cushman M, Goldenberg N, Goldhaber SZ, et al. American Heart Association Council on Cardiopulmonary, Critical Care, Perioperative and Resuscitation; American Heart Association Council on Peripheral Vascular Disease; American Heart Association Council on Arteriosclerosis, Thrombosis and Vascular Biology. Management of massive and submassive pulmonary embolism, iliofemoral deep vein thrombosis, and chronic thromboembolic pulmonary hypertension: a scientific statement from the American Heart Association. *Circulation* 2011; 123: 1788-830. [CrossRef]
3. Özkan M, Gündüz S, Biteker M, Astarcioglu MA, Çevik C, Kaynak E, et al. Comparison of Different TEE-guided thrombolytic regimens for prosthetic valve thrombosis: The TROIA Trial. *JACC Cardiovasc Imaging* 2013; 6: 206-16. [CrossRef]
4. Engelhardt TC, Taylor AJ, Simprini LA, Kucher N. Catheter-directed ultrasound-accelerated thrombolysis for the treatment of acute pulmonary embolism. *Thromb Res* 2011; 128: 149-54. [CrossRef]
5. Aykan AC, Gökdeniz T, Gül I, Kalaycıoğlu E, Boyacı F, Hatem E, et al. Low dose prolonged infusion of tissue type plasminogen activator therapy in massive pulmonary embolism. *European Heart J* 2014; 35 (Suppl 1): 69.

Address for Correspondence: Dr. Ahmet Çağrı Aykan, Ahi Evren Göğüs ve Kalp Damar Cerrahisi Eğitim ve Araştırma Hastanesi, Kardiyoloji Bölümü, Soğuksu Mah., Çamlık Cad., 61040 Trabzon-Türkiye
Phone: +90 505 868 94 61
Fax: +90 462 231 04 83
E-mail: ahmetaykan@yahoo.com
Available Online Date: 25.12.2014

Association of mitral annular calcification with fetuin-A levels

To the Editor,

We read the article, entitled "Association of mitral annular calcification with endothelial dysfunction, carotid intima-media thickness, and serum fetuin-A: An observational study," by Ziyrek et al. (1) in *Anatolian J Cardiol* 2013; 13: 752-8, in which they reported that their findings might reflect a close association between mitral annular calcification and cardiovascular risk factors in patients with coronary artery disease, based on fetuin-A and carotid intima-media thickness evaluation (1). We thank the authors for their valuable contribution to the medical literature. However, we want to point out an important issue about fetuin-A.

Fetuin-A, an acute-phase glycoprotein that is synthesized and secreted by liver, plays a role in bone mineralization and insulin signaling regulation (2). Serum fetuin-A concentration is a good indicator of liver cell function, and it ranges from approximately 450-600 µg/mL in healthy individuals (3). The authors defined mean fetuin-A levels as 2.9±0.1 ng/mL and 3.0±0.2 ng/mL for the MAC group and control group, respectively. In this respect, though lots of previous studies, this study offered approximately 10,000-fold lower mean fetuin-A values, which could not be acceptable. It is already defined in the commercial ELISA kit that the authors used for the fetuin-A measurement that the measured concentration of samples calculated from the standard curve must be multiplied by their respective dilution factor, because the samples were diluted prior to the assay. Most likely, we think that the fetuin-A values of the study are derived from this post-analytical error.

In conclusion, to prevent any misunderstanding, an explanation of this concern will certainly provide clearer information for the readers.

Mehmet Ağılı, Fevzi Nuri Aydın¹, Tuncer Çaycı², Yasemin Gülcan Kurt²
Department of Biochemistry, Ağrı Military Hospital; Ağrı-Turkey
¹Department of Biochemistry, Şırnak Military Hospital; Şırnak-Turkey
²Department of Medical Biochemistry, Gülhane Military Medical Academy; Ankara-Turkey

References

1. Ziyrek M, Tayyareci Y, Yurdakul S, Şahin ST, Yıldırım Türk O, Aytekin S. Association of mitral annular calcification with endothelial dysfunction, carotid intima-media thickness and serum fetuin-A: an observational study. *Anadolu Kardiyol Derg* 2013; 13: 752-8.
2. Goustein AS, Abou-Samra AB. The "thrifty" gene encoding Ahsg/Fetuin-A meets the insulin receptor: Insights into the mechanism of insulin resistance. *Cell Signal* 2011; 23: 980-90. [CrossRef]